



CHICKEN ★ STAR ★

TASTE THE JOY

ENGLISH

CHICKEN ★ STAR ★

TASTE THE JOY

WE ARE CREATIVE,
PEOPLE - FOCUSED BUSINESS
COMMITTED TO PROVIDING
THE GREATEST EXPERIENCE
OF JOY TO OUR CUSTOMERS
THROUGH QUALITY FOOD,
BEVERAGES AND ART.

HIGH QUALITY
NATURAL
LOCAL
FRESH
★ HALAL

#1 OF 721 PLACES TO EAT IN BISHKEK
(as of July 2016)



ARTISANAL HAND DRIP COFFEE AVAILABLE

SALADS

CAJUN CHICKEN SALAD 290
 FRIED CHICKEN BREAST, PEPPER, AND LETTUCE WITH LEMON SAUCE

PREMIUM CHEESE SALAD 250
 CHEESE, PEPPER, LETTUCE, AND PINEAPPLE WITH LEMON SAUCE

FRESH SALAD *Vegetarian / Vegan Low calories* 190
 TOMATO, ONION, CUCUMBER, BLACK PEPPER, SALT, AND OLIVE OIL

CHICKEN BREAST CREME 280
 CHICKEN BREAST, TOMATO, LETTUCE, CUCUMBER, CARROT, PEPPER, PEANUT

OLIVE CHEESE *Vegetarian / Vegan Low calories* 270
 CHEESE, BLACK OLIVE, TOMATO, LETTUCE, CUCUMBER, ONION

FITNESS CAESAR *Low calories* 330
 GREEN CABBAGE, BAKED CHICKEN BREASTS, TOMATOES, SWEET SAUCE, PARMESAN CHEESE

Best Seller

CHICKEN & VEGETABLES *Low calories* 320
 CHICKEN BREASTS, MUSHROOM, PEPPER, ONION, GINGER, OLIVE OIL

KOREAN SPECIALS

TTEOKBOKKI ★★★ *Vegetarian / Vegan* 250
 KOREAN RICE CAKE STEW WITH CARROT, ONION, CABBAGE, GREEN ONION, AND KOREAN PEPPER PASTE

BIBIMPAB ★ 250/300
 BEEF, LETTUCE, CARROT, CUCUMBER, EGG, RICE, SESAME OIL, AND KOREAN PEPPER PASTE
 (small, big)

VEGGIE / VEGAN BIBIMPAB ★ *Vegetarian / Vegan* 220/270
 LETTUCE, CARROT, CUCUMBER, EGG, RICE, SESAME OIL, AND KOREAN PEPPER PASTE
 (small, big)

TTEOKKOCHI ★ *Vegetarian / Vegan* 100 / 180
 FRIED KOREAN RICE CAKE DIPPED IN KOREAN SPICY SAUCE
 (8pc / 16pc)

CHICKEN FRIED RICE 220
 CHICKEN BREAST, PEPPER, ONION, MUSHROOM, AND RICE

KIMCHI PLOV ★★★ *Vegetarian / Vegan* 250
 KIMCHI, MUSHROOM, ONION, EGG AND RICE

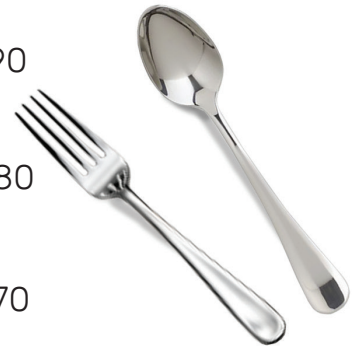
★ - MILD SPICY

★★ - MEDIUM SPICY

★★★ - SPICY

★★★★★ - VERY SPICY

★★★★★★ - CRAZY MODE



WHOLE CHICKEN



PA-DAK

CRISPY CHICKEN COATED IN CHICKEN STAR SOY SAUCE
WITH GREEN ONION ON TOP

480 / 890

HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)



CRISPY

KOREAN FRIED CHICKEN

430 / 790

HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)



OVEN BAKED *High Protein*

PROTEIN RICH OVEN BAKED CHICKEN,
BEST WITH KOREAN SPICY SAUCE

590 / 1050

HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)

Best Seller



KOREAN SPICY ★

CRISPY CHICKEN COATED IN A SPICY KOREAN SAUCE

520 / 950

HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)

WHOLE CHICKEN

Best Seller



CHICKEN STAR SPECIAL ★★
KOREAN FRIED CHICKEN COATED IN CHICKEN STAR'S SIGNATURE SAUCE

550 / 990
HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)



GARLIC
CRISPY CHICKEN COATED IN A SWEET CHICKEN STAR'S GARLIC SAUCE

480 / 890
HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)



High Protein

OVEN ROASTED
PROTEIN RICH OVEN ROASTED CHICKEN.
RECOMMENDED WITH KOREAN SPICY SAUCE

550 / 990
HALF CHICKEN/ (2 PPL) / FULL CHICKEN (3-4PPL)



TARTAR ONION CHICKEN
CRISPY CHICKEN DIPPED IN GARLIC SAUCE.
SERVED WITH TARTAR SAUCE

520 / 950
HALF CHICKEN/ (2 PPL) / FULL CHICKEN (3-4PPL)

WHOLE CHICKEN



DAK-GALBI ★★★

FRESH CHICKEN AND VEGETABLES COOKED IN KOREAN PEPPER SAUCE
SERVED WITH TWO BOWLS OF RICE

590

HALF CHICKEN (2PPL)



HOT KOREAN SPICY ★★★

CRISPY CHICKEN DEEPIED IN HOT KOREAN SPICY SAUCE

550 / 990

HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)

OPASNO CHALLENGE



OPASNO ★★★★★

CRISPY CHICKEN DEEPIED IN CRAZY MODE SPICY SAUCE

590 / 1050

HALF CHICKEN (2PPL) / FULL CHICKEN (3-4 PPL)

IF YOU FINISH OPASNO CHICKEN FOR 10 MINUTES
WE WILL GIVE YOU A SPECIAL OFFER!

1 PERSON - TO FINISH OPASNO HALF CHICKEN
2 PEOPLE - TO FINISH OPASNO FULL CHICKEN

SAUCES

ALL OUR SAUCES ARE MADE IN-HOUSE



KOREAN SPICY ★ THE MOST POPULAR CHICKEN SAUCE IN KOREA	60g	100
HOT KOREAN SPICY ★★ SPICIER KOREAN SPICY SAUCE	60g	110
GARLIC SLIGHTLY SWEET GARLIC SAUCE	60g	90
CHICKEN STAR SPECIAL ★★ CHICKEN STAR'S SIGNATURE SPICY AND SWEET SAUCE	60g	100
TARTAR FAMOUS FRENCH MAYONNESE - BASED SAUCE	60g	90
OPASNO ★★ CRAZY MODE KOREAN HOT SAUCE CREATED BY CHICKEN STAR	60g	120
PICK THREE YOUR CHOICE OF ANY THREE OF OUR SAUCES	60g	120



SIDES

BREAD	30
RICE (100g)	55
KIMCHI	55
LEMON	20
KYRGYZ NATURAL HONEY	50
KOREAN RADISH / PICKLES	30



CHICKEN BREASTS

CRISPY

FRIED CRISPY CHICKEN BREASTS

4PC / 8PC
220 / 420

SOY

CRISPY CHICKEN BREASTS DIPPED IN
CHICKEN STAR SOY SAUCE

4PC / 8PC
250 / 480

GARLIC

CRISPY CHICKEN BREASTS DIPPED IN
CHICKEN STAR GARLIC SAUCE

4PC / 8PC
250 / 480

KOREAN SPICY ★

CRISPY CHICKEN BREASTS DIPPED IN
CHICKEN STAR'S KOREAN SPICY SAUCE

4PC / 8PC
280 / 540

CHICKEN STAR SPECIAL ★★

FRESHLY FRIED CHICKEN BREASTS COATED
IN CHICKEN STAR'S SIGNATURE SAUCE

4PC / 8PC
280 / 540

TARTAR

CRISPY CHICKEN BREASTS COATED IN
LIGHT GARLIC SAUCE. SERVED WITH
TARTAR SAUCE AND ONION

4PC / 8PC *Low Calories High Protein*
280 / 540

OVEN BAKED

OVEN BAKED CHICKEN BREASTS

8PC *Low Calories High Protein*
550

OVEN ROASTED

OVEN ROASTED CHICKEN BREASTS

8PC
540

KOREAN SPICY

4PC / 8PC
280 / 540

KIMPAB



VEGETABLE *Vegetarian / Vegan*

4PC / 8 PC 120 / 220

CUCUMBER, CARROT, KOREAN PICKLED RADISH, EGG, AND RICE WRAPPED IN DRIED SEAWEED



BEEF

4PC / 8 PC 150 / 280

BEEF, CUCUMBER, CARROT, KOREAN PICKLED RADISH, EGG, RICE WRAPPED IN DRIED SEAWEED



SPICY BEEF ★★

4PC / 8 PC 160 / 290

SPICY BEEF, CUCUMBER, CARROT, KOREAN PICKLED RADISH, EGG, RICE WRAPPED IN DRIED SEAWEED



CHEESE *Vegetarian / Vegan*

4PC / 8 PC 140 / 260

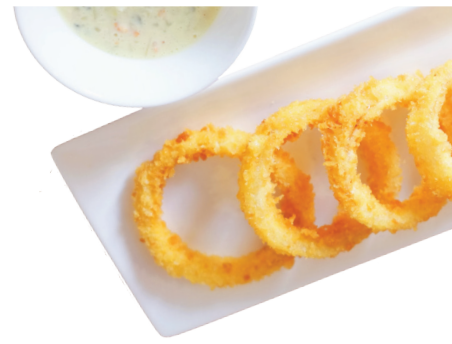
CHEESE, CUCUMBER, CARROT, KOREAN PICKLED RADISH, EGG, RICE WRAPPED IN DRIED SEAWEED



NUDE *Vegetarian / Vegan*

4PC / 8PC 130 / 240

CUCUMBER, CARROT, KOREAN PICKLED RADISH, EGG, DRIED SEAWEED WRAPPED IN RICE



OTHERS

TARTAR ONION RINGS *Vegetarian / Vegan* 150
FRIED ONION RINGS
SERVED WITH TARTAR SAUCE

Best Seller

HANDCUT FRENCH FRIES *Vegetarian / Vegan* 100
HAND-CUT POTATO FRIES

CHEESE STICKS *Vegetarian / Vegan* 190
FRIED CHEESE STICKS

SOUPS

SPICY CHICKEN SOUP ★★ 150
CHICKEN BREAST, POTATO, CARROT, ONION,
AND GROUND KOREAN PEPPER

MUSHROOM CRÈME SOUP *Vegetarian / Vegan* 150
MUSHROOM IN CRÈME SOUP

CORN CRÈME SOUP *Vegetarian / Vegan* 120
CREAMY SWEETCORN SOUP

LENTIL SOUP *New Low calories* 150
LENTIL, CHICKEN BREASTS, TOMATO
ONION



SNACKS

CHIPS 50

PEANUTS 50

PISTACHIOS 100

CHECHEL 90

HOT DRINKS

BLACK CEYLON TEA		120
BLACK EARL GREY TEA		120
BLACK ORANGE TEA		120
GREEN TEA		120
GREEN TEA WITH FRUITS		120
STRAWBERRY TEA		120
CHERRY TEA		120
HERSHEY'S HOT CHOCOLATE	MILK / DARK	150 / 210

SPECIAL TEAS *New*

OREGANO AND THYME BLACK TEA, OREGANO, THYME, LINDEN	150
MINT AND MELISSA BLACK TEA, MINT, MELISSA	150
INSPIRATION TEA GREEN TEA, MINT, APPLE, BLACK CURRANT, PEAR	150
OREGANO AND MELISSA OREGANO, THYME, MELISSA	150
CHAMOMILE AND CINNAMON BLACK TEA, CHAMOMILE, CINNAMON	150





COLD DRINKS

NURSULTAN'S MOJITO	0.3L	190
LEMON ICED TEA - BLACK	0.3L / 1L	150 / 330
LEMON ICED TEA - GREEN	0.3L / 1L	150 / 330
LEMONADE	0.3L / L	150 / 330
BLUE LEMONADE	0.3L / L	150 / 330
CHERRYADE	0.3L / L	150 / 330
ORANGEADE	0.3L / L	150 / 330
STRAWBERRYADE	0.3L / L	150 / 330
PINEAPPLEADE	0.3L / L	150 / 330
COCA-COLA	0.5L / 1L	65 / 110
SPRITE	0.5L / 1L	65 / 110
FANTA	0.5L / 1L	65 / 110
MINERAL WATER	0.5L / 1L	40 / 70
SPARKLING MINERAL WATER	0.5L / 1L	40 / 70
ORANGE JUICE (J7)	0.25L / 1L	55 / 180
CHERRY JUICE (J7)	0.25L / 1L	55 / 180
PEACH JUICE (J7)	0.25L / 1L	55 / 180
APPLE JUICE (J7)	0.25L / 1L	55 / 180
PINEAPPLE JUICE (J7)	0.25L / 1L	55 / 180
TOMATO JUICE (J7)	0.25L / 1L	55 / 180
CRANBERRY JUICE (GRACIO)	0.25L / 1L	55 / 180
HERSHEY'S ICED CHOCOLATE	MILK / DARK	170 / 230
V8 (VEGETABLE JUICE) <i>New</i>		230





COFFEE

ESPRESSO	SOLO / DOPPIO	100 / 150
HIELO (ICED ESPRESSO)	SOLO / DOPPIO	120 / 170
AMERICANO	HOT / ICED	120 / 140
CAFE LATTE	HOT / ICED	170 / 190
CAPPUCHINO	HOT / ICED	170 / 190
FLAT WHITE	HOT / ICED	170 / 190
VANILLA LATTE	HOT / ICED	190 / 210
CARAMEL MACCHIATO	HOT / ICED	200 / 220
CAFE MOCHA	HOT / ICED	220 / 240
CARAMEL MOCHA	HOT / ICED	250 / 270
SHAKERATO	DOUBLE	190
MILK SHAKERATO	DOUBLE	230
ADD ESPRESSO SHOT	30G	50
ADD SYRUP (VANILLA / HAZELNUT / CARAMEL / LAVENDAR / ROSE)	20G	30



MON TO FRI 3 - 6 PM

COFFEE TIME

AMERICANO, LATTE, CAPPUCHINO ONLY 99KGS

*EXCEPT FOR NATIONAL HOLIDAYS



ARTISANAL HAND DRIP COFFEE

A cup of good quality fresh coffee without sugar protects the cancer and diabetes



KALITA HOT / ICED 220 / 240

Very strong, clean and rich.

We are glad to introduce the latest coffee-geek obsession: Kalita filter. Kalita allows you to brew your favorite coffee more evenly, which directly contributes to fuller flavor and a more balanced extraction

KALITA WAVE HOT / ICED 240 / 260

Bright, clean and light

the "Kalita Wave", has surged in popularity, particularly among the coffee cognoscenti. Erin McCarthy used a Kalita Wave to win the 2013 US Brewers Cup. The dripper even snagged it's own article in the New York Times magazine.



CANADIANO HOT / ICED 250 / 270

Natural wood, woody taste (Walnut and ash available)

Canadiano is a simple pуроire made of wood. The charm of the Canadiano is it's unique taste. Over time, the tree absorbs coffee aroma and oils, interacts with coffee, giving the drink an individual flavor and aroma.

BLUE ICED DRIP MILK / DARK 270 / 290

Chicken Star's special cold brew served only on summer.

Special coffee beans are brewed in cold mineral water for 48 hours, which makes it low caffeine drink!



**If you want to try other kinds of artisanal hand drip coffee (aeropress, french press, mr.clever, chemex, siphon, hario V60, hario cloth drip) please ask our partners*

DRAFT BEER

Best Local

ARPA 0.35L / 0.5L 70 / 100

Best Local

ZHIVOE 0.35L / 0.5L 60 / 90

BOTTLED BEER

STELLA ARTOIS 0.5L 190

HOEGAARDEN 0.5L 190

BUDWISER 0.5L 160

Best Seller

MOOSEHEAD 0.35L 180

CORONA EXTRA 0.35L 200

SIBIRSKAYA CORONA 0.5L 110

(0 %)

VODKA

BELUGA 50ML 240

ABSOLUTE 50ML 140

FINLANDIA 50ML 110

KYRGYZ ARAGY 50ML 70

ABSOLUTE CITRON 50ML 140

ABSOLUTE KURANT 50ML 160

WHISKY

CHIVAS REGAL 12 50ML 300

JACK DANIEL'S 50ML 240

JAMESON 50ML 210

GLENFIDDICH 12 50ML 280

GLENFIDDICH 15 50ML 380

BUSHMILL'S 50ML 200

JOHNNIE WALKER 50ML 300

(BLACK LABEL)

JOHNNIE WALKER 50ML 460

(GOLD LABEL)

GIN

HENDRICK'S GIN 50ML 220

BEEFEATER 50ML 160

OTHERS

SCHWEPPE 330ML 70

RED BULL 330ML 190

KOREAN SPECIALS

SOJU 50ML / 360ML 80 / 490

CHERRY SOJU *New* 50ML 80

PINEAPPLE SOJU *New* 50ML 80



RUM

BACARDI	50ML	180
HAVANA CLUB	50ML	150

TEQUILA

SIERRA GOLD	50ML	150
SIERRA SILVER	50ML	150
OLMECA GOLD	50ML	240
OLMECA BLANCO	50ML	220

WINE

FRENCH HOUSE WINE

RED, WHITE AND ROSE
CHAPOUTIER FAMOUS WINE

150ML / 750ML

280 / 1190

Special Offer

ITALIAN WINE

CANNONAU DI SARDEGNA

750ML

~~2500~~ 2390

OFFER VALID TILL SEPTEMBER 2017

VERMOUTH

CINZANO ROSSO	50ML	100
CINZANO BIANCO	50ML	100
CINZANO EXTRA DRY	50ML	100

COGNAC

KYRGYZSTAN	50ML	110
BISHKEK	50ML	90
HENNESSEY V.S.O.P.	50ML	600

LIQUER

CAMPARI BITTER	50ML	150
KAHLUA COFFEE	50ML	190
COINTREAU ORANGE FLAVOURED	50ML	240
PESCA GRAPPA BOTTEGA	50ML	190
BAILEY'S	50ML	190
JAGERMEISTER	50ML	180



COCKTAILS

COSMO POLITAN (VODKA, COINTREAU, LIME JUICE, CRANBERRY JUICE)	270	SEXY FLAT WHITE (FLAT WHITE WITH BAILYS)	280
MARGARITA (TEQUILLA, COINTREAU, LIME JUICE)	290	MOJITO (LIME JUICE, RUM, MINT)	280
Best Seller GIN TONIC (GIN, TONIC WATER, SLICED PEPPER)	190	SO-MAEK (SOJU BOMB IN BEER)	140
WHITE RUSSIAN (KAHLUA, VODKA, MILK)	250	RASPBERRY (WHITE RUM, LIME JUICE, RASPBERRIES)	230
ESPRESSO MARTINI (KAHLUA, VODKA, ESPRESSO)	280	BLOODY MARRY (VODKA, RED WINE, TOMATO SAUCE)	270

CS FRIEND'S RECIPES

Best Seller VERMONT BY HENRY <i>New</i> (WHISKY, RED WINE, LEMON JUICE, CINNAMON SYRUP)	380
MILENA'S (VODKA, LIME JUICE, RASPBERRIES, MINT)	290
MAXIM'S WHITE KISS (VODKA, LEMON, EGG WHITE)	280
EDDIE'S SWEET HONEYMOON (HERSHEY'S CHOCOLATE MILK WITH MALIBU)	230
DIMA'S HOT BEER (BLACK TEA WITH JAGERMEISTER AND LEMON)	180



100% "FRESCO" ICE CREAM

DESSERTS

OREO BINGSOO

MOST POPULAR DESSERT IN KOREA.
OREO, "FRESCO" ICE CREAM, MILK AND SNOW ICE

SMALL/GIANT
260 / 460

FRUIT BINGSOO

MOST POPULAR DESSERT IN KOREA.
FRUITS, "FRESCO" ICE CREAM, MILK AND SNOW ICE

SMALL/GIANT
280 / 490

COFFEE BINGSOO

MOST POPULAR DESSERT IN KOREA.
ESPRESSO SHOT, "FRESCO" ICE CREAM, MILK AND SNOW ICE

SMALL/GIANT
250 / 450

HOMEMADE CHEESECAKE

210

HOMEMADE BROWNIE

160

BROWNIE WITH ICE CREAM

HOMEMADE BROWNIE
WITH "FRESCO" VANILLA ICE CREAM

210

"FRESCO" ICE CREAM

1 SCOOP / 3 SCOOPS

120 / 290

AFFOGATO

ESPRESSO SHOT ON TOP OF "FRESCO" VANILLA ICE CREAM

190



LUNCH SPECIAL

12:00-16:00, MON-FRI

*EXCEPT FOR NATIONAL HOLIDAYS

DAK-GHALBI ★★☆☆ 290

TRADITIONAL KOREAN SPICY CHICKEN STEW
SERVED WITH RICE AND FRESH SALAD

LUNCH SET A 270

2 CHICKEN BREASTS WITH GARLIC SAUCE , 4 VEGETABLE KIMPABS
4 TTEOKCHIES, HANDCUT FRENCH FRIES, PICKLES AND FRESH SALAD

LUNCH B (vegetarian option available) *Vegetarian / Vegan* 220 / 200

BIBIMPAB + PICKLES

Best Seller

LUNCH SET C ★ 270

4 CHICKEN BREASTS WITH KOREAN SPICY SAUCE, FRESH SALAD,
WHITE RICE, AND PICKLES

LUNCH SET D *Vegetarian / Vegan* 220

VEGATABLE KIMPAB 8PC + KIMCHI + FRESH SALAD

CHICKEN OVER RICE - GARLIC 180

FRESHLY FRIED CHICKEN BREASTS WITH GARLIC SAUCE OVER RICE.
SERVED WITH PICKLES.

CHICKEN OVER RICE - SPICY SOY ★ 180

FRESHLY FRIED CHICKEN BREASTS WITH SPICY SOY SAUCE OVER RICE
SERVED WITH PICKLES

KIMCHI PLOV *Vegetarian / Vegan* 220





FITNESS MENU

Developed and approved by:
Art-cafe "Chicken Star", Suzy M. Eig, NPC natural bikini fitness competitor
and Alexander Zadorozhnyi, the athlete of Men's Physique category.

SALADS

FITNESS CAESAR *New* **330**
GREEN CABBAGE, BAKED
CHICKEN BREASTS, TOMATOES,
SWEET SAUCE, PARMESAN CHEESE

CALORIES: 163 PROTEIN: 25.1 FAT: 5.7 CARBS: 1.9

FRESH SALAD *Vegetarian / Vegan* **190**
TOMATO, ONION, CUCUMBER,
BLACK PEPPER, SALT, OLIVE OIL

CALORIES: 53 PROTEIN: 3.5 FAT: 3.8 CARBS: 3.1

OLIVE CHEESE *Vegetarian / Vegan* **270**
CHEESE, BLACK OLIVE, TOMATO,
LETTUCE, CUCUMBER, ONION

CALORIES: 168 PROTEIN: 8 FAT: 9.8 CARBS: 3.1

SOUPS

LENTIL SOUP *New* **150**
LENTIL, CHICKEN BREASTS, TOMATO
ONION

CALORIES: 194 PROTEIN: 30.2 FAT: 2.1 CARBS: 21.2

DIETIC CHICKEN SOUP **150**
CHICKEN BREASTS, CARROT, ONION

CALORIES: 102 PROTEIN: 19.3 FAT: 2 CARBS: 3.4

SPECIAL DISHES

CHICKEN & VEGETABLES *New* **320**
CHICKEN BREASTS, MUSHROOM,
PEPPER, ONION, GINGER, OLIVE OIL

CALORIES: 227 PROTEIN: 26.8 FAT: 3 CARBS: 5

VEGETARIAN / VEGAN BIBIMPAB *Vegetarian / Vegan* **220**
LETTUCE, CARROT, CUCUMBER, EGG, RICE,
SESAME OIL, KOREAN PEPPER PASTE

CALORIES: 278 PROTEIN: 15 FAT: 7 CARBS: 51

CHICKEN BREASTS

OVEN BAKED *High Protein* **550**
8PC
PROTEIN RICH OVEN BAKED CHICKEN

CALORIES: 246 PROTEIN: 46.14 FAT: 5.31 CARBS: 0 (FOR 8PC)

OVEN ROASTED *High Protein* **540**
8PC
PROTEIN RICH OVEN ROASTED CHICKEN

CALORIES: 246 PROTEIN: 46.14 FAT: 5.31 CARBS: 0 (FOR 8PC)

SPECIAL TEAS

New

OREGANO AND THYME **150**
BLACK TEA, OREGANO, THYME, LINDEN

MINT AND MELISSA **150**
BLACK TEA, MINT, MELISSA

INSPIRATION TEA **150**
GREEN TEA, MINT, APPLE,
BLACK CURRANT, PEAR

OREGANO AND MELISSA **150**
OREGANO, THYME, MELISSA

CHAMOMILE AND CINNAMON **150**

JUICE

V8 (VEGETABLE JUICE) *New* **230**
100% VEGETABLE JUICE MADE OF
BEETS, CELERY, CARROTS, LETTUCE,
PARSLEY, WATERCRESS, SPINACH,
AND TOMATO. GLUTEN FREE.

CALORIES: 70 PROTEIN: 3 FAT: 0 CARBS: 15

Please contact [@suzymu](#) and [@zadorozhnyi_aleksandr](#) on Instagram for professional fitness training and fitness diet plan

